

# Elilai Spa by Mandara at Palau Pacific Resort

Open 10am to 9pm daily

## Packages of Mandara

**Milky Way Escape** 2 hrs 20 mins \$270  
Escape to the Milky Way in privacy of your own Spa Villa. This luxurious package begins with a refreshing peppermint foot ritual followed by an aromatic coco vanilla body scrub to soften the skin and prepare it for the detoxifying white body mud – enjoy a relaxing scalp massage while we wrap you in a comforting Spa cocoon. Next luxuriate in a Milky Way bath soak and finish up with a muscle melting warm stone massage.

**Ultimate Indulgence** 2 hrs 30 mins \$260  
An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Herbal steam or Aromatherapy Floral Bath ~ Mandara Massage ~ Foot Massage ~ ELEMIS Taster Facial.

**Frangipani Body Glow** 2 hrs \$185  
Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger, massaged into the skin to slough away dryness ~ shower ~ embalm the body with ELEMIS Frangipani Monoi Body Oil ~ receive a relaxing mini facial whilst wrapped in the fragrant cocoon ~ Balinese Massage.

**Harmony** 2 hrs \$170  
A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

**Nirvana Massage** 1 hr 15 mins  
**With Mandara Massage** \$150  
**With Balinese Massage** \$95  
Begin with a Floral Footbath, a symbolic cleanse to wash away the world and prepare you for total relaxation. Sink into a luxurious Aromatherapy Floral Bath or step into the steam shower – infused with a detoxifying concoction of aromatic oils, herbs and spices – and enjoy herbal tea and cookies as you take time out to relax. Finally, enjoy a blissfully relaxing and rejuvenating massage of your choice.

**Spa Discovery** 1 hr 20 mins \$135  
Age-old tradition combines with the finest European skincare for a deliciously relaxing experience. Balinese Massage ~ ELEMIS Taster Facial.

**Spa Sampler** 1 hr 20 mins \$120  
Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

## ELEMIS Face

**ELEMIS Pro-Collagen Age Defy** 1 hr \$125  
Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

**ELEMIS Superfood Pro-Radiance** 1 hr \$105  
A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health.

**ELEMIS Anti-Blemish Mattify and Calm** 1 hr \$105  
A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

**ELEMIS Sensitive Skin Soother** 1 hr \$105  
Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

\* Independent clinical trials.



Please arrive 15 minutes before your spa treatment is scheduled to begin. All prices are quoted in US Dollars (USD) and inclusive of Service Charge and Government Tax. Rates are subject to change without notice. For reservations, please call +680 488 2600 extn 493.

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By Mandara

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## ELEMIS Body

ELEMIS 45 mins \$75

### Body Nectar Nourishing Wrap - Frangipani

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS 45 mins \$75

### Intensely Cleansing Salt Scrub - Lime and Ginger

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

## Face of Mandara

Pure Nature Facial 50 mins \$65

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. There are two options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

**Preserve** ~ a cleansing and rejuvenating facial for normal skin.

**Enrich** ~ a nourishing facial for dry or mature skin.

## Body of Mandara

Mandara Massage 1 hr 20 mins \$224

50 mins \$140

Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles – Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this massage a sublime experience.

Balinese Massage 1 hr 20 mins \$130

50 mins \$85

Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

Warm Stone Massage 50 mins \$100

Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Asian Head Massage 50 mins \$95

A Thai poultice filled with exotic leaves, flowers and lime essential oil is dipped in warm coconut oil and used on the scalp, for scalp and hair care as well as complete relaxation. Deep thumb and finger pressure, friction and soothing strokes help to reduce tension, improve circulation and flush out physical and emotional toxins.

Fancy Foot-work 50 mins \$85

The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

## Gift Certificate

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

## Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our spa boutique.



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