



Elilai Spa

By Mandara

at Palau Pacific Resort

Pure Retreat - \$100 / Person

For the ultimate in holiday experience, try out Pure Retreat Package; choose any one from Balinese Massage or Fancy Foot-work or Pure Natural Facial followed by a Sensual or Bliss Menu options.

Available from 10:00am to 4:00pm

A unique experience that you will remember long after the holiday is over.

Balinese Massage

50 mins

This traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. A deeply relaxing path to health and harmony.

Fancy Foot-Work

50 mins

The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow.

Pure Natural Facial

50 mins

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. There are two options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

Preserve ~ a cleansing and rejuvenating facial for normal skin.

Enrich ~ a nourishing facial for dry or mature skin.

Healthy Delight

Three course healthy set menu to complement the massage.

SENSUAL

- Salad

Avocado and crab green salad

- Steamed Reef Fish

with Ginger Garlic Sauce served with rice and vegetables

- Green tea ice cream with fruits

BLISS

- Salad

Green papaya salad, shredded green papaya, tomato, shallots, cilantro herb, chili, lemon juice and fish sauce.

- Grilled Tuna

with balsamic vinegar and teriyaki sauce served with rice and vegetables

- Fruit Tart and ice cream



All prices are quoted in US Dollars and subject to change.

Please arrive 15 minutes before your spa treatment is scheduled to begin.

To avoid charges, please honor our 6-hour advance notice cancellation policy.

For reservations, please call ext. 493. Published 11/18