



ELILAI SPA

by Palau Pacific Resort



ELILAI SPA STORY



Nestled between the forests and crystal waters of Palau, Elilai Spa offers an exclusive sanctuary where luxury is defined by space, silence, and connection with nature.

In private villas surrounded by tropical beauty, our Balinese therapist deliver exceptional treatments inspired by centuries of healing traditions.

Here, the ocean soothes, the forest restores, and every moment is designed for complete well-being.

“Luxury Rooted in Nature.”

ELILAI Journey

ELILAI INDULGENCE

3 hrs / \$330

Escape to our serenity Spa Villa, this package will leave you relaxed and with nourished skin. Peppermint Foot Ritual ~ Belau Coconut Body Scrub ~ Detoxifying White Body Mud ~ Milk Bath Soak ~ Ocean Waves Massage ~ Choice of Refresher Facial or Foot Massage.

Rainforest Retreat

2 hrs 30 mins / \$300

An exotic, luxurious and unforgettable celebration of retreat. Lemongrass Foot Ritual ~ Choice of Body Scrub ~ Floral Bath ~ Elilai Massage ~ ELEMIS Taster Facial and Foot massage.

FRAU

2 hrs / \$225

Uplifting and re-energising, this exfoliating and nourish ritual featuring ELEMIS Skincare is designed to transform and restore. Warm Oil Drizzle ~ Lime and Ginger Exfoliation ~ Frangipani Monoi Body Cocoon ~ Elemis Taster Facial ~ Balinese Ocean Dream Massage.

Spa Tropical Marine DISCOVERY

1 hr 20 mins / \$160

Age-old tradition combines with the finest European skincare for a deliciously relaxing experience. Enjoy a Muscle Recovery Massage followed by an ELEMIS Taster Facial.

SPA Ocean Ritual

1 hr 20 mins / \$145

Experience the pleasure of relaxation with this combination of Balinese Ocean Dream and your choice of Refresher Facial or Foot Massage.

ELEMIS FACE

Elemis Pro-Glow Smooth

1 hr / \$150

Improve skin-fitness and firmness, whilst reducing fine lines and wrinkles with our clinically proven formulas and signature skin-lifting massage techniques. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Elemis Pro-Glow Brilliance

1 hr / \$130

Nourish and glow with this brightness-boosting facial, reviving dull, lack lustre skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect.

ELEMIS BODY

Elemis Intensely Cleansing Salt Scrub – Lime and Ginger

45 mins / \$90

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Elemis Body Nectar Nourishing Wrap – Frangipani

45 mins / \$90

Super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

FACE OF ELILAI

Elilai Essence Facial

50 mins / \$95

ELILAI Spa's signature facial is rich in enzymes to exfoliate, antioxidants to protect from pollutants and natural oils for nourishment. Relying on nature's life-force to deliver a vitamin and mineral burst to your skin.

BODY OF ELILAI

Elilai Massage

1 hr 20 mins / \$275

50 mins / \$190

Our signature massage is a blend of five massage styles – Japanese Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. Engaging two therapists to create a deeply transformative experience of calm.

Ocean Waves Massage

1 hr 20 mins / \$150

50 mins / \$105

Ease into total relaxation with this timeless, foundational therapy. Using smooth, sweeping strokes and gentle palm pressure to relieve light muscle tension, calm the nervous system and quiets a busy mind to restoring complete harmony.

Balinese Ocean Dream

1 hr 20mins / \$150

50 mins / \$105

Based on ancient Balinese traditions this medium pressure massage combines long strokes, skin rolling and palm pressure to relieve tension, relax the body and improve circulation.

Muscle Recovery Massage

1 hr 20 mins / \$180
50 mins / \$140

Slow, deep massage strokes deliver pressure to the inner layers of muscles and connective tissue to ease tightly-held tension. Relieves pain, boosts circulation and supports the body's innate healing system.

Thermal Stone Massage

1 hr 20 mins / \$180
50 mins / \$140

Smooth, warmed stones glide across the body in long, flowing strokes. The heat relaxes muscles and soothes the mind. Simultaneously, stones are placed on the body's energy points to encourage healing.

Coconut Stress Relief Head Massage

50 mins / \$115

Rooted in China and India, this back and upper body massage combines multiple techniques to release tension. Your hair is doused in warmed oils and features a Thai Poultice application and jade combing.

Island Foot and Leg Renewal

50 mins / \$105

Based on the same therapeutic principles of Chinese Reflexology without the pain, this foot massage will help to release toxins and restore your body's energy flow.

TREATMENT ENHANCERS

Body Scrub 30 mins / \$60

A cleansing ritual to exfoliate dead skin cells and renew the tired skin.

<i>Elilai Coffee Scrub</i>	— Detoxifying and Skin toning Rich Aromatic Belau finely ground coffee
<i>Herbal Lulur</i>	— Glowing and Youthful Made from powdered spices, sweet woods and turmeric
<i>Belau Coconut Scrub</i>	— Soothing and Nourishes Freshly grated Belau coconut

Mini Massage 30 mins / \$60

Foot Massage
Shoulder & Back Massage
Head & Neck Massage
Refresher Facial

Create Your Own Journey

Spa Elilai's unique approach recognises the individual in you, offering you the flexibility to design Treatments according to your personal needs and preferences.

Using our range of treatments and enhancers as a guide, enjoy the fun and freedom to create your very own spa experience. Our spa team will be thrilled to assist you in creating a Divine spa journey with us.

Gift (Treatment & Product) Certificate

Gift certificate purchase is available for all spa treatments, luxury skin and body care products. Please contact our Spa Reception for further details.

SPA BASICS

Should I reserve my treatments?

Yes, either phone or visit the Spa to book a reservation at your earliest convenience so we may accommodate your schedule.

When should I arrive?

Please arrive at the Spa 10 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

Please leave valuables in the safe in your hotel room, as we do not assume any liability for personal items.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What if I need to cancel a Spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

What about payment for Spa services?

For your convenience, payment may be settled through your room account, by credit card, or in cash.



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Operation Hours: 1:00 P.M. - 9:00 P.M.

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